

ADULT DAY CENTER

Daily Activities

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 am	Arrival	Arrival	Arrival	Arrival	Arrival
8:00 am	Read Newspaper	Read Newspaper	Read Newspaper	Read Newspaper	Read Newspaper
9:00 am	Table Activities	Table Activities	Table Activities	Table Activities	Table Activities
9:30 am	Snack	Snack	Snack	Snack	Snack
10:00 am	Crafts	Games/Nail Care	Art	Baking	Garden Therapy
11:00 am	Exercise	Exercise	Exercise	Exercise	Exercise
11:30 am	Community/Games	Community/Games	Community/Games	Community/Games	Community/Games
12:00 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:15 pm	Bingo	Bingo	Carpet Bowling	Miniature Golf	Movie/Outing
2:30 pm	Snack	Snack	Snack	Snack	Snack
3:00 pm	Table Games	Table Games	Pet Companions	Games/Activities	Games
4:00 pm	Social/Games	Social/Games	Social/Games	Social/Games	Social/Games
5:00 pm	Home	Home	Home	Home	Home